

Our Kids:

THE EARLY YEARS

Reach Out and Read: What You Need to Know



It's the beginning of another school year and it is important now more than ever to make sure that your child is being seen by their primary care physician. According to the American Academy of Pediatrics, Well Child Visits have four important benefits, such as: prevention, tracking growth and development, raising concerns, and team approach.

Prevention: Your child gets scheduled immunizations to prevent illness. You also can ask your pediatrician about nutrition and safety in the home and at school.

Tracking growth and development: See how much your child has grown in the time since your last visit, and talk with your doctor about your child's development. You can discuss your child's milestones, social behaviors and learning.

Raising concerns: Make a list of topics you want to talk about with your child's pediatrician such as development, behavior, sleep, eating or getting along with other family members. Bring your top three to five questions or concerns with you to talk with your pediatrician at the start of the visit.

Team approach: Regular visits create strong, trustworthy relationships among pediatrician, parent and child. The AAP recommends well-child visits as a way for pediatricians and parents to serve the needs of children. This team approach helps develop optimal physical, mental and social health of a child.

The Reach Out and Read program supports and nurtures growing relationships between a child and their pediatrician one book at a time. Every medical program in Madison County, NC participates in Reach Out & Read. So, if you have not already, schedule your child's visit today!



Dolly Parton's Imagination Library

If you have not already heard, we now accept online parent registration for Dolly Parton Imagination Library. You can register your child , age 0-5, in four easy steps:

- 1) Go to our website at <https://www.madisonss.org/programs>
- 2) Click on the Dolly Parton Imagination Library program tab, and then click on the picture of Dolly Parton.
- 3) You will then be transferred to the Smart Start website. Scroll down the page and click on the " Check Eligibility & Register My Child for Free" button.
- 4) From there you will be lead step by step on how to complete the online registration process.



"When I was growing up in the hills of East Tennessee, I knew my dreams would come true. I know there are children in your community with their own dreams. They dream of becoming a doctor or an inventor or a minister. Who knows, maybe there is a little girl whose dream is to be a writer and singer.

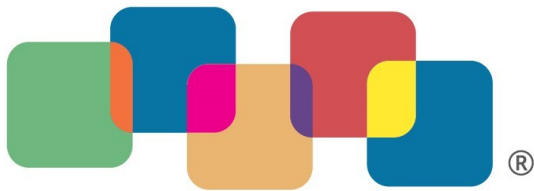
The seeds of these dreams are often found in books and the seeds you help plant in your community can grow across the world."

~Dolly Parton



What You Need To Know!

We are excited to announce another literacy contest this Fall! Keep an eye on our Website and Facebook page for more details. You don't want to miss this!



Madison County
Smart Start

www.madisonss.org



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