



SCAN ME

Our Kids...The Early Years Community Newsletter

We Are In
This
Together!

WELCOME!

PARENTS & CAREGIVERS

In this issue, we will be providing you with information, resources, and activities that you can do while at home.

With the recent influx of information and resources for families, we wanted to take a different approach and

provide you with activities in your hand, as well as giving you resources that will assist you as you have entered into the new role as your child's teacher.

One of the first resources we want to share with you comes from Vroom: Brain-Building Moments. This is a free resource that is meant to help support you and your family in your daily lives. As we are all navigating this new territory and having to help our children do the same, Vroom is committed to supporting families through calm & connect tips, weekly Vroom videos, and resources from friends of Vroom.

Another resource that we want to share with you is Caring for Each Other by Sesame Street in Communities. I think we all know the value of Sesame Street, but what you may not know is that the resources produced by Sesame Street are based on current research by leading professionals in the field of early childhood education. Some of the resources you will find on their "Caring for Each Other" page are not only coloring pages, but videos based on different discussion topics; like how to stay healthy. Another amazing resource that Sesame Street in Communities has made available to families are free e-books for you and your children to read together!

REMEMBER:

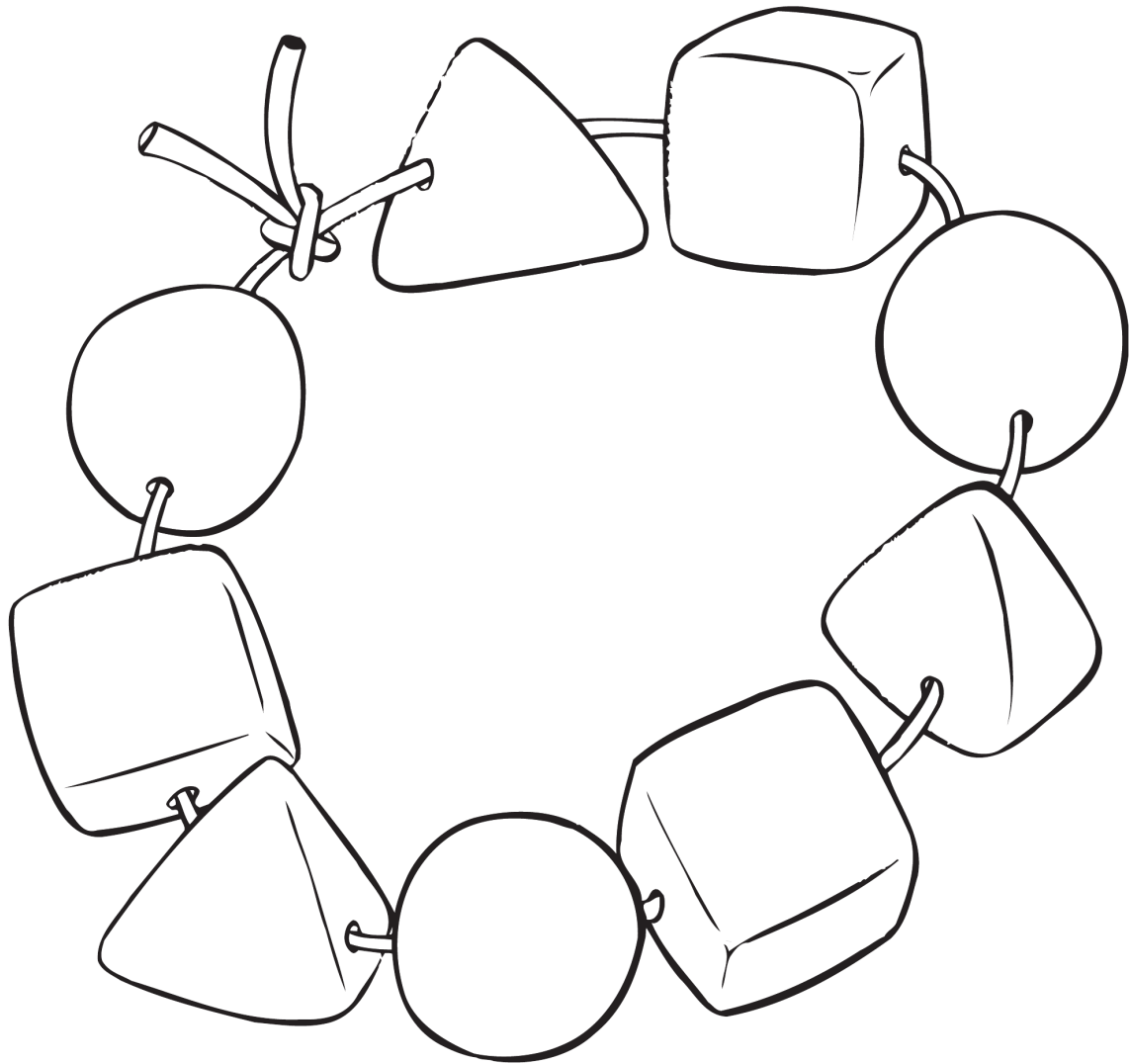
To help combat the spread of the virus, keep your hands washed and stay home! For more information on how to keep your children's hands clean or engaged during this pandemic, visit Sesame Street:



<https://www.sesamestreet.org/caring>

For more information surrounding Covid-19 in North Carolina go to the North Carolina Department of Health and Human Services website: <https://www.ncdhhs.gov/>

Color the picture.



○ = **Red**

△ = **Green**

□ = **Blue**

We also invite you to follow us on Facebook and to visit our website frequently. There you will find up to date resources for you and your children as we continue to navigate Covid-19.

<https://www.madisonss.org/parents>



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The NC Office of Early Learning has provided six weeks of learning plans (with more on the way)—based on NC Foundations for Early Learning and Development—that are categorized by

age (infants, toddlers, twos, pre-kindergarten, and from kindergarten through Grade 2). The weekly plans are approachable and do a great job of breaking down and explaining early learning goals for children. There's also information about how to discuss COVID-19 with your child/children along with a comprehensive collection of digital learning resources.



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<https://sites.google.com/dpi.nc.gov/nck-3fap/>

[remote-learning?authuser=0](https://sites.google.com/dpi.nc.gov/nck-3fap/remote-learning?authuser=0)



I've Lost My Marbles Activity

This is an activity you can do at home with your kids! Go on a nature walk around your home and see what you can find.

Place your treasures in a jar and you can place it somewhere for the entire family to enjoy.



PARENT PROJECT:

This project is called, I've lost my marbles. This project involves a jar, paper and some positive thinking. In a jar, when you see your kids doing something positive or when you see/hear something that makes you smile, make a note, and place it into the jar.

Whenever you feel the stress of social distancing or about to "lose your marbles" take out a slip of paper from the jar and remind yourself that there is a lot of good in the midst of stress and anxiety.

VANILLA PUDDING

Ingredients:

- 4 1/2 Cups Milk
- 1 Cup Sugar
- 1/3 Cup Cornstarch
- 1/2 teaspoon Salt
- 5 Egg Yolks, Beaten
- 2 teaspoons Vanilla



Instructions:

- Heat 4 Cups of Milk in saucepan over medium heat, until steaming.
- Whisk the sugar, cornstarch, and salt in bowl, whisk in the egg yolks and remaining 1/2 cup of milk
- Whisk half of the hot milk into the egg mixture until smooth, then gradually whisk the egg-milk mixture into the saucepan. Cook over medium heat, whisking constantly, until the mixture starts to boil. Continue to cook, whisking constantly, until it has thickened to a puddinglike consistency, about 3 to 4 minutes. Remove from the heat and stir in the vanilla.
- Cool slightly, stirring a few times to prevent a skin from forming. Place a piece of plastic wrap directly on top of the pudding and refrigerate until completely cooled and thickened, about 4 hours.
- Add food coloring to make your pudding your favorite color! Also, add fruit toppings to the pudding to add extra flavor!

www.booksbythebushel.com

If you have any questions or want to contact someone about the information presented in this newsletter, please contact:

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